

## CLINICAL PERSONNEL

### Adeel Zaidi, MD

Clinical Assistant Professor  
Medical and Molecular Genetics

### Jessica Claybrook, MS

Genetic Counselor

## CONTACT US

### Appointments

(317) 274-8660  
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### Questions

Jessica Claybrook  
(317) 278-8847

## ABOUT MEDICAL and MOLECULAR GENETICS

The IU Department of Medical and Molecular Genetics is the largest provider of genetic services in the State of Indiana, and one of the first, largest and most renowned independent medical genetics departments in the country.

Department faculty are at the forefront of advancing biomedical science through outstanding clinical care, education and innovative research.

Each year they provide genetic consultation services to thousands of individuals and families seen at the IU School of Medicine and in clinics throughout the state.

INDIANA UNIVERSITY  
SCHOOL OF MEDICINE



A large, stylized DNA double helix is positioned in the background, with a blurred profile of a person's face visible behind it. A vertical banner on the left side contains the text "Information for Referring Physicians".

# ADULT

Indiana University School of Medicine

# GENETICS

Department of Medical & Molecular Genetics

# CLINIC

for Huntington disease patients

call (317) 278-5450

for Cancer patients

call (317) 274-3060

Indiana University School of Medicine  
Department of Medical & Molecular Genetics  
975 West Walnut, IB 130  
Indianapolis, IN 46202-5251

The IU Department of Medical and Molecular Genetics recently opened an Adult Genetics Clinic where **adults with genetic conditions** can be evaluated and discuss appropriate medical management and screening, as well as receive genetic counseling.

## WHAT THIS CLINIC OFFERS

Staffed by a physician trained in internal medicine and medical genetics along with a genetics counselor, the clinic provides:

- Evaluation for patients with known or suspected genetic conditions**
- Evaluation and assessment for at-risk family members**
- Screening and medical management**
- Coordination of care**
- Genetic counseling**
- Genetic testing**

Patients are managed in collaboration with their primary care physicians and other specialists as needed.

## APPOINTMENT PREPARATION

Patients receive and are asked to complete a family history questionnaire prior to their visit.

Preadmission by a primary care physician is required by many health insurance plans.

Please fax relevant patient medical records in advance to Jessica Claybrook at (317) 274-2387.

## WHAT TO EXPECT

An appointment with the staff of the Adult Genetics Clinic may include:

- Review of patient's medical history**
- Analysis of family history**
- Physical examination**
- Risk assessment based on medical and family history**
- Information about the diagnosis and its genetic basis**
- Screening and medical management recommendations**
- Discussion of treatment options**
- Explanation of genetic test results and implications for family members**

## LOCATION

The Adult Genetics Clinic is located at IU Hospital in the Medical Diagnostic Center. Patients receive a map and directions prior to visit.

## PATIENTS WHO MAY BENEFIT

Adult patients (age 18 and older) with the following diagnosed or suspected conditions may be referred to the Adult Genetics Clinic:

- Antithrombin deficiency/Arterial aneurysm/dissection**
- Cystic fibrosis**
- Ehlers-Danlos syndrome**
- Elevated factor VIII levels**
- Factor V Leiden mutation**
- Factor XI deficiency**
- Familial dilated cardiomyopathy**
- Familial hypercholesterolemia**
- Familial hypertrophic cardiomyopathy**
- Hemochromatosis**
- Hemophilia A or Hemophilia B**
- Heredity hemorrhagic telangiectasia**
- Jervell syndrome**
- Long QT syndrome**
- Marfan syndrome**
- Noonan syndrome**
- Protein C or Protein S deficiency**
- Prothrombin mutation**
- Stickler syndrome**
- Von Willebrand disease**

Services for individuals with family history concerns for a variety of hereditary conditions are also available.